

## **PMI Mentoring Program - Application Form**

Dear Mentee,

please reflect upon the following questions. It is important that you feel comfortable when you answer these questions. Choose a moment where you are relaxed and not pressed for time. It will be advantageous for you to write down your answers. If you cannot complete all the questions within one sitting then take a break and come back to it when you are ready. Do not feel pressured to answer a question where you do not know the answer. Just simply skip the question and move on to the next.

This questionnaire was developed in collaboration with Dr. Silke Oehrlein-Karpi (K.T.E. Empowerment Coaching im akademisch-wissenschaftlichen Bereich; www.kte-coaching.de ) and Dr. Neela Enke (Coaching, Training, Konfliktmanagement; www.scienza-berlin.de ).







# **Application Form**

### Personal Data / Current Working Situation

Academic title: First name:	Last name:
Institute/Working Group:	Affiliation:
Phone (preferred):	E-Mail:
Institutional Affiliation and Job Situation	
Where are you working?	
Kiel University	
Lübeck University	
University Hospital Schleswig-Holstein (UKSH)	
Research Center Borstel / Leibniz-Center for Medicine ar	nd Biosciences
Max Planck Institute for Evolutionary Biology Plön	
other institution, namely:	
When does your contract end?	
O My contract ends in:	I have got a permanent position
(Month) (Year)	
Are you a member (full or associated membership) of the C	Cluster of Excellence? O Yes O No
Academic Status	
When did you receive your Master's Degree/PhD? (Month)	(Year)
Are you currently in: $\bigcirc$ a postdoctoral position $\bigcirc$ anoth	ner position, namely:
Are you planning to habilitate? O Yes O No O I am	not sure yet



### **Career Development and Aims**

What is your current job situation?

What are your next career steps & what is your aspired professional position?

What is your current target plan for your professional future? (e.g. research position; scientific management; position in industry; posistion abroad; position in Germany; position in this local area; something else; I don't know)

Have you made a decision yet? What makes you feel sure / unsure?

What obstacles and challenges did you face in your career development so far?

How strong is my current motivation to stay in science? (Please enter number: 1: very low - 10: very high)

How high is my current motivation to change over from science to science management? (Enter number: 1-10)

How high is my current motivation to change over from science to industry/private sector? (Enter number: 1-10)



### **Expectations regarding PMI Mentoring**

What do you expect from participating in PMI Mentoring?

How many hours can you approximately invest in the program per month?

(Hours)	

A few seminars or training opportunities may be offered under the framework of PMI Mentoring. They will also be open to all members of the cluster, but participants of PMI Mentoring will be given preferential consideration.

### Which seminar topics are you interested in?

(choose all that apply)

- Voice and Vocal Expression
- Scientific Writing
- Conflict Management
- Leadership Skills
- Presentation Skills
- Application and Appointment Procedures in Science
- Academic Networking
- BMBF/DFG Fundraising
- EU Fundraising
- Support of International Scientists
- Team Development of Research Groups
- Communication Training for Clinicians
- Clinical Ethical Problematic Cases
- Post-Doctoral and Academic Job Search in English-Language Countries

Others, namely:



Can you imagine taking part in trainings held in German?

⊖ Yes ⊖ No

 $\bigcirc$  in some cases, namely these topics:

Would you prefer training opportunities under the framework of PMI-Mentoring to be:

- for your own gender only
- for mixed-gender groups
- in some cases for your own gender only, namely these topics:

Regular networking events give mentees the opportunity to exchange experience with each other and with experts working in different fields of academia, science and science management.

#### Which networking topics are you interested in?

(choose all that apply)

- Structures of Life Sciences in Schleswig-Holstein
- Scientific careers: exchange with female professors
- Scientific careers: exchanges with male professors
- Scientific career with children: how to manage both family and career
- Dual career couples in science: how to manage two successful careers
- Alternative career options outside academia
- Peer coaching/supervision within the group of mentees

Others, namely:

### **PMI Mentoring Program**



#### Expectations regarding the individual mentoring relationship

A mentor in PMI Mentoring can generally be an experienced female, male or diverse professor / senior scientist in a permanent position at any German university, a non-university research institution or the Cluster. We recommend choosing a mentor who is not working in the immediate working environment in order to realise a non-hierarchical relationship.

In PMI Mentoring the mentees choose their mentors independently. Rather than providing a fixed pool of possible mentors, we give all mentees the opportunity to decide on a suitable person on their own. Nevertheless, the process for finding a mentor will be guided - especially during the kick-off workshop for all mentees. We also support the first contact between mentees and mentors.

For a first orientation, please give us some information on your expectations regarding your mentor and your mentoring relationship.

Gender - your mentor should be:	Research field - your own and your mentor's research field should be:			
○ female ○ male	$\bigcirc$ the same	$\bigcirc$ related		
○ I have no preference	○ unrelated	$\bigcirc$ I have no preference		

#### Can you already name a possible mentor?

(Please name up to two eligible researchers and give some information on their institutional affiliation. You don't have to ask the indicated person before suggesting them. These are only first, nonbinding suggestions. A final decision will be made after the kick-off workshop.)

Title and Name:	University / Research Institute	Faculty / Institute
Do you know each other? O Yes	No	
Title and Name:	University / Research Institute	Faculty / Institute
Do you know each other? O Yes O	No	

O By now, I cannot name a possible mentor

### **PMI Mentoring Program**



#### What will I need my mentor for?

(choose all that apply)

- discuss subject-related issues & to get expert advice
- get advice for planning my career
- obtain a deeper knowledge of structures, procedures & codes of conduct in academia
- obtain a deeper knowledge of structures, procedures & codes of conduct within hospitals
- obtain a deeper knowledge of structures, procedures & codes of conduct in research companies outside academia
- better understand the opportunities open to someone with my personality
- get insights into a new field of work, company structures, certain job positions or the daily business of the mentor
- learn about interesting job positions
- discuss opportunities and risks of different options
- come to a good/suitable decision concering my career
- learn about the personal career path of a professional (role model)
- find contacts, get introduced into research networks (giving talks, attending networking events, get to know people...)
- strategically plan my next steps
- get feedback on my current qualification status ("Qualifkationsspektrum") and professional development
- develop a plan A and plan B for my career path
- get support for my job applications and interviews
- prepare/improve my application documents
- improve my self management
- further develop myself
- increase my motivation to finish my PhD (encouragement)
- discuss how to balance work and private life
- discuss my current working place situation
- get insights into communication structures
- discuss leadership topics
- get feedback in general
- further develop my confidence

Others, namely:



## **Declaration of Consent**

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⊖ Yes	-								

3. Photographs taken of me during PMI Mentoring events can be further used for publications, e.g. on websites, in printed documents and on advertising material.

⊖ Yes → No

Place:	Date:

Signature:

When sending the application form via e-mail the declaration of consent is valid with your name typed only. Please send this **application form** together with your **CV** via e-mail :

Dr. Nadine Höft

Exzellenzcluster – Präzisionsmedizin für chronische Entzündungserkrankungen (PMI) Christian-Albrechts-Universität zu Kiel Christian-Albrechts-Platz 4 D-24118 Kiel

Phone: +49 (0)431 880 5535 Mobil: +49 (0)151 74433023 Mail: nhoeft@uv.uni-kiel.de Web: www.precisionmedicine.de